

ActiveFolic Acid

L-5-Methyltetrahydrofolate for better health, mood, and pregnancy

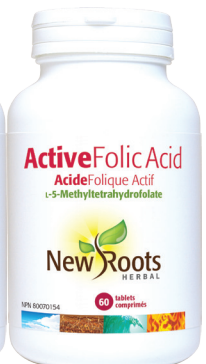


- Addresses folic acid deficiency that may increase the risk of depression
- Critical for prenatal health, embryonic nervous system development, and protection from neural-tube deficiency
- Accelerates fetal brain development

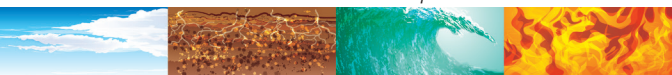
ISO 17025
Accredited Laboratory



newrootsherbal.com



Available in capsules or tablets



ActiveFolic Acid



L-5-Methyltetrahydrofolate helps reduce the risk of neural-tube defects when taken prior to conception and during early pregnancy. It also enables the body to metabolize carbohydrates, fats, and proteins for cells to easily assimilate and use for energy creation within the mitochondria (cellular power-plant). Supplementing with **ActiveFolic Acid** is critical, as many people have impaired function of the enzyme that transforms regular folic acid to this active form the body easily recognizes and exploits. Our formula includes vitamins B₁₂ and B₆ in the premium bioactive forms methylcobalamin and pyridoxal-5'-phosphate (P5P) that serve as cofactors for metabolic reactions throughout the body.

Supplementing with active folic acid has also been shown to reduce levels of the amino acid homocysteine. Elevated homocysteine has been associated with atherosclerosis (hardening of the arteries) and reduced blood flow to the brain, which can contribute to depression.

New Roots Herbal's **ActiveFolic Acid** is definitely a critical supplement for a healthy pregnancy, along with many other promising therapeutic applications.

Each vegetable capsule or tablet contains:

L-Methylfolate (calcium L-5-methyltetrahydrofolate)	1 mg
Vitamin B ₁₂ (methylcobalamin)	2.8 mcg
Vitamin B ₆ (pyridoxal-5'-phosphate)	2 mg

Other ingredients: **Capsules:** Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water. / **Tablets:** Microcrystalline cellulose, vegetable magnesium stearate, silicon dioxide, vegetable stearic acid, and croscarmellose sodium.

Capsules: NPN 80054333 · V0518-R1 • **Tablets:** NPN 80070154 · V0563-R1

Suggested use:

Adults: Take 1 capsule or 1 tablet daily or as directed (with food for tablet) by your health-care practitioner. If you are taking other medications, take this product a few hours before or after them.

Manufactured under strict GMP (Good Manufacturing Practices).

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